

21<sup>ST</sup> CENTURY ASSETS CONTINUOUS QUALITY IMPROVEMENT PLAN: 2023-24

OUHSD-LAS PLUMAS/OROVILLE HIGH SCHOOL

OBJECTIVE SUMMARY-QUALITY IMPROVEMENT OBJECTIVES

QS EXLP ELEMENT	STRATEGY FOR IMPROVEMENT	MEASURE	TARGET COMPLETION DATE	ACCOUNTABILITY/ PERSON RESPONSIBLE	STATUS & STEPS
Youth Voice & Leadership	Revitalize Keystone Club and Teen Night Events	<ul style="list-style-type: none"> <li>• Charter Keystone Clubs/Leadership Councils at both LPHS and OHS</li> <li>• Have 4-5 active Keystone members in each Keystone Club</li> <li>• Host monthly Teen Night events each semester</li> </ul>	12/31/2023	Site Coordinators	Completed
			12/31/2023		Completed
			6/1/2024		Completed
			6/1/2024		
Diversity, Access and Equity	Improve participants opportunities to share from their experiences and backgrounds in an environment where different perspectives are valued and embraced	<ul style="list-style-type: none"> <li>• Schedule quarterly guest speakers to facilitate conversations on “what makes a community” or Career Paths for the Club members at LPHS and OHS</li> <li>• Utilize Diversity Calendar in Club events to create a wider appreciation of diversity and dialogue</li> </ul>	6/1/2024	Site Coordinators	In Progress-
			8/1/2023		Not Started
Collaborative Partners	Improve communication and partnership with LPHS and OHS campus staff and administration	<ul style="list-style-type: none"> <li>• Connect with TCM advisors, on campus clubs, counselors, coaches at LPHS and OHS campuses to facilitate outreach and collaborative work</li> <li>• Attend regular school site meetings and events (Back to School)</li> <li>• Support on campus activities during lunchtime</li> </ul>	8/1/2023	AD/Site Coordinators	Completed
			6/1/2024		Completed
			10/1/2023		Completed

		<ul style="list-style-type: none"><li>• Host two community collaborative events Fall/Spring Semester</li></ul>	6/1/2023		
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Detail Report, All Organizations 2023, Measure(s): All Categories, All  
Demographic Filters: On

<b>Response Count</b>	<b>2023</b>
# of Sites Responded	7
# of Member Responses	75

<b>Club Experience Measures</b>			
<b>Measure</b>	<b>Optimal (Doing Great)</b>	<b>Fair (Doing Fine)</b>	<b>Needs Improvement (Room to Grow)</b>
Overall Club Experience	70%	21%	10%
Safe, Positive Environment	86%	7%	7%
Emotional Safety	86%	10%	4%
Physical Safety	89%	6%	6%
Supportive Relationships	58%	34%	8%
Adult Connections	89%	8%	3%
Peer Connections	48%	29%	23%
Fun and Belonging	77%	12%	11%
Fun	67%	27%	5%
Sense of Belonging	79%	10%	11%
Recognition	76%	14%	10%
Encouragement	82%	14%	4%
Influence	76%	11%	13%
Opportunities and Expectations	85%	10%	6%
Opportunities	83%	11%	6%
Expectations	89%	6%	6%

<b>Safe and Positive Environment Items</b>				
<b>Item</b>	<b>Very true</b>	<b>Sort of true</b>	<b>Not very true</b>	<b>Not true at all</b>
I feel safe being myself at this Club	69%	24%	7%	0%
This Club has rules for how we're supposed to treat each other	86%	13%	0%	1%
Adults at this Club make sure the rules are followed	69%	28%	1%	1%
When kids say mean things, the adults do something about it	63%	31%	6%	0%
I feel safe from harm at this Club	78%	18%	3%	1%
If someone wanted to hurt me or hit me at this Club, someone else would stop them	78%	17%	3%	3%

<b>Supportive Relationships Items</b>				
<b>Item</b>	<b>Very true</b>	<b>Sort of true</b>	<b>Not very true</b>	<b>Not true at all</b>
The adults at this Club care about me	80%	18%	3%	0%
Adults here take the time to talk to me	75%	22%	1%	1%
Adults here listen and understand what I have to say	75%	21%	3%	1%
I can talk to an adult at this Club if I have a problem	71%	26%	3%	0%
Kids here are nice to each other	28%	57%	7%	8%
Kids at this Club encourage me when I try my best	38%	40%	14%	8%
Kids at this Club are able to work out their problems	42%	41%	8%	8%
Kids here can count on each other	41%	41%	11%	7%

<b>Fun and Belonging Items</b>				
<b>Item</b>	<b>Very true</b>	<b>Sort of true</b>	<b>Not very true</b>	<b>Not true at all</b>
I enjoy coming to this Club.	64%	32%	1%	3%
There are fun programs at this Club	56%	40%	1%	3%
People at this Club accept me for who I am	76%	19%	3%	3%
People listen to me here	64%	28%	7%	1%

<b>Recognition Items</b>				
<b>Item</b>	<b>Very true</b>	<b>Sort of true</b>	<b>Not very true</b>	<b>Not true at all</b>
Adults at this Club notice when I try my best	66%	29%	4%	1%
Adults here encourage me when I make positive choices	83%	14%	3%	0%
Adults at this Club ask my opinion on things	67%	29%	3%	1%
My ideas count here	58%	31%	7%	4%
I get to help make this Club better	61%	25%	13%	1%

<b>Opportunities and Expectations Items</b>				
<b>Item</b>	<b>Very true</b>	<b>Sort of true</b>	<b>Not very true</b>	<b>Not true at all</b>
I get to explore new things at this Club	75%	21%	3%	1%
Adults here encourage me to try something different	74%	21%	4%	1%
The adults at this Club believe that I will be a success	78%	18%	3%	1%
Adults here encourage me to do my best	86%	10%	3%	1%



<b>Stay Away Items</b>		
<b>Item</b>	<b>No</b>	<b>Yes</b>
Did you ever stay away from the entrance to the Club because you thought someone might harm you there?	91%	9%
Did you ever stay away from any hallways in the Club because you thought someone might harm you there?	90%	10%
Did you ever stay away from other places at the Club because you thought someone might harm you there?	89%	11%
Did you ever stay away from any restrooms in the Club because you thought someone might harm you there?	85%	15%

<b>Bullying (Module) Items</b>		
<b>Item</b>	<b>No</b>	<b>Yes</b>
During the past year, have you been bullied on school property?	72%	28%
During the past year, have you been bullied at the Boys & Girls Club?	77%	23%
During the past year, have you been electronically bullied?	64%	36%

<b>Item</b>	<b>No</b>	<b>Yes</b>
If you were bullied on school property, did you tell an adult about it?	71%	29%
If you were bullied at the Boys & Girls Club, did you tell an adult about it?	60%	40%
If you were electronically bullied, did you tell an adult about it?	89%	11%

<b>Physical Safety Item</b>					
<b>Item</b>	<b>A lot more safe compared to hanging out somewhere else.</b>	<b>A little more safe compared to hanging out somewhere else.</b>	<b>Just as safe as hanging out somewhere else.</b>	<b>A little less safe compared to hanging out somewhere else.</b>	<b>A lot less safe compared to hanging out somewhere else.</b>
Compared to other places, how safe do you feel when you are at the Club?	35%	16%	43%	4%	1%

<b>Academic Success Measures</b>			
<b>Measure</b>	<b>On track</b>	<b>On track with some risk</b>	<b>Off track</b>
On Track to Graduate From High School (5th to 12th Grade Only)	48%	25%	27%

<b>Measure</b>	<b>Very High</b>	<b>High</b>	<b>Medium</b>	<b>Low</b>	<b>Very Low</b>
Academically Post Secondary Ready (10th to 12th Grade Only)	27%	27%	20%	0%	27%
STEM Course Performance (10th to 12th Grade Only)	27%	33%	13%	0%	27%

<b>Academic Expectations Items</b>						
<b>Item</b>	<b>Masters degree, Ph.D., M.D., or equivalent</b>	<b>4 year college degree</b>	<b>1 or 2 years of college</b>	<b>Finish Vocational or Trade School</b>	<b>High school graduation</b>	<b>Some High School</b>
How far in school do you think you will get in school? (Teen)	25%	24%	19%	1%	22%	8%

<b>Item</b>	<b>4 year College Degree or Greater</b>	<b>Junior College Or Trade School</b>	<b>No Post-Secondary Education</b>
Expectation of Post Secondary Education Completion (Teen)	49%	21%	31%

<b>Item</b>	<b>Very important</b>	<b>Important</b>	<b>In the middle</b>	<b>Not that important</b>	<b>Not important at all</b>
How important are the things you are learning in school going to be for you later in life?	18%	38%	37%	4%	3%

<b>Item</b>	<b>Very true</b>	<b>Sort of true</b>	<b>Not very true</b>	<b>Not true at all</b>
I enjoy learning new things.	45%	38%	12%	4%
I choose activities that push me to learn new things.	38%	35%	21%	7%

Detail Report, All Organizations 2023, Measure(s): All Categories, All

Demographic Filters: On

On Track to Graduate Item							
Item	None	1 day	2 days	3 days	4 to 5 days	6 to 10 days	11 or more days
How many whole days have you missed school because you skipped or "cut"? (Last 4 Weeks)	78%	3%	6%	6%	4%	0%	4%

Item	Mostly As	Mostly Bs	Mostly Cs	Mostly Ds	Mostly Fs
What were your grades like last year?	31%	32%	28%	6%	4%

Item	No	Yes
Expect to Graduate High School (Youth & Teen)	8%	92%

Item	On grade level	Off grade level by one year or less	Off grade level by more than one year
On Grade Level for Age (5th to 12th Grade Only)	96%	4%	0%

<b>College/Career Preparation (11th or 12th Grade Only) Item</b>		
<b>Item</b>	<b>No</b>	<b>Yes</b>
I have participated in a career exploration program at the Club. (11th to 12th Grade Only)	0%	100%

Detail Report, All Organizations 2023, Measure(s): All Categories, All Demographic Filters: On

<b>Academically Post Secondary Ready (10th to 12th Grade Only) Items</b>					
<b>Item</b>	<b>Very High</b>	<b>High</b>	<b>Medium</b>	<b>Low</b>	<b>Very Low</b>
Post Secondary Ready: Course Performance/Completion (10th to 12th Grade Only)	27%	33%	13%	0%	27%
Course Performance: Math (10th to 12th Grade Only)	27%	33%	13%	0%	27%

<b>Item</b>	<b>Accelerated Track</b>	<b>On track</b>	<b>Off track</b>	<b>Severely Off Track</b>
Course Completion: Science (10th to 12th Grade Only)	29%	67%	5%	0%
Course Completion: English/Language Arts (10th to 12th Grade Only)	38%	43%	19%	0%
Course Completion: Foreign Language (10th to 12th Grade Only)	15%	50%	20%	15%
Course Completion: Social Studies (10th to 12th Grade Only)	38%	57%	5%	0%

<b>Item</b>	<b>Mostly A's</b>	<b>Mostly B's</b>	<b>Mostly C's</b>	<b>Mostly D's or F's</b>
Post Secondary Ready: Self Reported Grades (10th to 12th Grade Only)	32%	16%	40%	12%



**Good Character & Citizenship Measures**

Measure	Very High	High	Medium	Low	Very Low
Overall Teamwork & Leadership	21%	22%	30%	22%	5%

Measure	Optimal (Doing Great)	Fair (Doing Fine)	Needs Improvement (Room to Grow)
Teamwork	46%	25%	29%
Leadership	65%	31%	4%
Integrity	37%	47%	16%
Goal Pursuit	39%	51%	10%
Concern for Others (Module)	52%	24%	24%
Concern for Community (Module)	28%	56%	16%
Conflict Resolution Skills	8%	46%	46%

<b>Teamwork Items</b>				
<b>Item</b>	<b>Very true</b>	<b>Sort of true</b>	<b>Not very true</b>	<b>Not true at all</b>
I listen to what other people say.	65%	29%	1%	4%
I am willing to do whatever the group needs me to do.	54%	38%	6%	3%

<b>Item</b>	<b>Not true at all</b>	<b>Not very true</b>	<b>Sort of true</b>	<b>Very true</b>
I have trouble going along with other people's ideas.	13%	36%	30%	20%
I get frustrated if I can't do things my way.	28%	33%	19%	19%

<b>Leadership Items</b>				
<b>Item</b>	<b>Strongly Agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly Disagree</b>
I am pretty good at organizing a team of kids to do a project.	30%	38%	28%	4%
If I'm the leader of a group, I make sure that everyone in the group feels important.	38%	52%	8%	1%

<b>Integrity Item</b>				
<b>Item</b>	<b>Strongly Agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly Disagree</b>
I feel like I can stand up for what I think is right, even if my friends disagree.	37%	47%	10%	6%

<b>Goal Pursuit Items</b>					
<b>Item</b>	<b>Exactly like me</b>	<b>A lot like me</b>	<b>Somewhat like me</b>	<b>A little like me</b>	<b>Not at all like me</b>
I develop step-by step plans to reach my goals.	23%	23%	31%	17%	7%
If I set goals, I take action to reach them.	21%	30%	39%	10%	0%

<b>Volunteering Items</b>					
<b>Item</b>	<b>Never</b>	<b>About once a year</b>	<b>About once a month</b>	<b>About once every two weeks</b>	<b>About once a week or more</b>
Club Based Service: Helped out at the Boys & Girls Club.	38%	31%	19%	8%	4%
Teen Volunteering: Volunteered in school, neighborhood, or community? (Teen Only)	48%	26%	16%	1%	8%

Detail Report, All Organizations 2023, Measure(s): All Categories, All  
Demographic Filters: On

**Conflict Resolution Items**

Item	No Fights	One or More Fights
Physical Fighting in the Past 12 Months (Teen Only)	67%	33%

Item	Very true	Sort of true	Not very true	Not true at all
When I have problems with other people my age, I talk to an adult about it.	29%	33%	13%	25%
When I have problems with other people my age, I talk things over with them.	29%	33%	17%	21%

Item	Not true at all	Not very true	Sort of true	Very true
When I have problems with other people my age, I push or hit the other person so that it doesn't happen again.	43%	13%	30%	13%
When I have problems with other people my age, I yell at them.	22%	30%	35%	13%
When other people my age try to hit or push me around, I fight back.	22%	13%	39%	26%

<b>Concern for Others (Module) Items</b>				
<b>Item</b>	<b>Strongly Agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly Disagree</b>
I try to help when I see people in need.	48%	36%	16%	0%
When I make a decision, I try to think about how other people will be affected.	44%	36%	16%	4%
I want to help when I see someone having a problem.	56%	32%	8%	4%



<b>Concern for Community (Module) Items</b>				
<b>Item</b>	<b>Strongly Agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly Disagree</b>
I spend time on projects with other people to help the community.	24%	32%	40%	4%
I have done things to help people in my community.	32%	48%	20%	0%
I believe that I can make a difference in my community.	28%	20%	44%	8%

<b>Healthy Lifestyles Measures</b>					
<b>Measure</b>	<b>Very High</b>	<b>High</b>	<b>Medium</b>	<b>Low</b>	<b>Very Low</b>
Physical Wellbeing (Physical Activity + Fruit & Veg Consumption)	21%	31%	31%	11%	7%
Avoidance of Risky Behavior (Smoking, Alcohol, Marijuana & Fighting)	62%	4%	13%	1%	19%

<b>Physical Wellbeing Items</b>								
<b>Item</b>	<b>0 days</b>	<b>1 day</b>	<b>2 days</b>	<b>3 days</b>	<b>4 days</b>	<b>5 days</b>	<b>6 days</b>	<b>7 days</b>
During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?	15%	4%	3%	5%	15%	19%	4%	34%

<b>Item</b>	<b>5 or More Days</b>	<b>Less Than 5 Days</b>
Physically active for a total of at least 60 minutes on 5 or more days	58%	42%

<b>Item</b>	<b>0 times</b>	<b>1 time</b>	<b>2 times</b>	<b>3 times</b>	<b>4 times</b>	<b>5 or more times</b>
During the past 24 hours how many times did you, eat fruit?	14%	15%	25%	18%	10%	19%
During the past 24 hours how many times did you, eat vegetables?	14%	19%	25%	14%	8%	21%
During the past 24 hours how many times did you, drink 100% fruit juices such as orange, apple, or grape?	24%	27%	24%	11%	3%	11%
During the past 24 hours how many times did you, drink water?	6%	7%	8%	19%	14%	46%

Detail Report, All Organizations 2023, Measure(s): All Categories, All  
Demographic Filters: On

<b>Item</b>	<b>5 or more fruits/vegetables per day</b>	<b>3 to 4 fruits/vegetables per day</b>	<b>Less than 3 fruits/vegetables per day</b>
Total Fruit and Vegetable Consumption	55%	25%	21%

<b>Risk Behavior (Teen Only) Items</b>			
<b>Item</b>	<b>No Fights</b>	<b>1 Fight</b>	<b>2 or More Fights</b>
During the past 12 months, how many times were you in a physical fight?	67%	12%	21%

Detail Report, All Organizations 2023, Measure(s): All Categories, All  
Demographic Filters: On

Item	Did Not Abstain	Abstained
Lifetime Cigarette Use	22%	78%
Lifetime Alcohol Use	32%	68%
Lifetime Marijuana Use	32%	68%
Lifetime Illicit Use of Prescription Pain Medicine (Module)	0%	100%
Lifetime Inhalant Use (Module)	5%	95%
Lifetime Sexual Activity	24%	76%
Current Use of Cigarette (Last 30 Days)	7%	93%
Current Use of Alcohol (Last 30 Days)	12%	88%
Current Binge Drinking (Last 30 Days) (Module)	8%	93%
Current Use of Marijuana (Last 30 Days)	14%	86%
Current Use of Vapor Product (Last 30 Days) (Module)	21%	79%
Current Use of Cigars, Cigarillos, or Little Cigars (Last 30 Days) (Module)	10%	90%
Current Use of Chewing Tobacco, Snuff, or Dip (Last 30 Days) (Module)	5%	95%
Current Cigarette Use by Members who have Smoked in their Lifetime	31%	69%
Current Alcohol Use by Members who have Drank Alcohol in their Lifetime	20%	80%
Current Marijuana Use by Members who have used Marijuana in their Lifetime	0%	100%
Current Vapor Product Use by Members who have Vaped in their Lifetime (Module)	64%	36%

Item	Not Currently Sexually Active	Currently Sexually Active
Currently Sexually Active (Last 3 Months) (Module)	88%	12%

Detail Report, All Organizations 2023, Measure(s): All Categories, All  
 Demographic Filters: On

Item	Did Not Have Sex Before Age 13 (includes never had sex)	Had Sex Before Age 13
Sexual Activity Before Age 13	90%	10%

Item	Did Not Use Alcohol or Drugs	Did Use Alcohol or Drugs
Alcohol or Drug Use Before Last Sexual Intercourse (Among Currently Sexually Active Members) (Module)	75%	25%

Item	Did Not Use Condom	Did Use Condom
Condom Use During Last Sexual Intercourse (Among Currently Sexually Active Members) (Module)	50%	50%

<b>Social Emotional Development Measure</b>					
<b>Measure</b>	<b>Very High</b>	<b>High</b>	<b>Medium</b>	<b>Low</b>	<b>Very Low</b>
Coping with Challenge	7%	9%	44%	28%	12%



<b>Coping with Challenge Items</b>				
<b>Item</b>	<b>Very true</b>	<b>Sort of true</b>	<b>Not very true</b>	<b>Not true at all</b>
When something important goes wrong in my life, I try to figure out how to do better next time.	56%	36%	7%	1%
If something is really hard, I keep working at it.	46%	39%	11%	3%
When something important goes wrong in my life, I talk about it with someone to understand what happened.	44%	37%	15%	4%
When something important goes wrong in my life, I tell myself I'll do better next time.	49%	35%	8%	7%

<b>Item</b>	<b>Not true at all</b>	<b>Not very true</b>	<b>Sort of true</b>	<b>Very true</b>
When something important goes wrong in my life, I just can't stop worrying about it.	10%	16%	23%	51%
When something important goes wrong in my life, I try to keep people from finding out.	9%	13%	30%	49%
If I don't understand something right away, I stop trying to understand.	18%	31%	25%	26%
When I have trouble doing something, I give up.	21%	30%	27%	21%

<b>Identifying Emotions (Module) Items</b>				
<b>Item</b>	<b>Very true</b>	<b>Sort of true</b>	<b>Not very true</b>	<b>Not true at all</b>
I know what emotions I am feeling.	26%	52%	17%	4%
I understand how my feelings influence my actions.	48%	39%	9%	4%

<b>Stress Management Items</b>				
<b>Item</b>	<b>Very true</b>	<b>Sort of true</b>	<b>Not very true</b>	<b>Not true at all</b>
I am able to stay calm when I feel stressed.	30%	30%	26%	13%
I know ways I can calm myself down.	30%	39%	22%	9%

<b>Problem Solving (Module) Items</b>				
<b>Item</b>	<b>Very true</b>	<b>Sort of true</b>	<b>Not very true</b>	<b>Not true at all</b>
I think about what might happen before making a decision.	38%	33%	19%	10%
I can think of different ways to solve a problem.	24%	52%	14%	10%

<b>Relationship Building (Module) Item</b>				
<b>Item</b>	<b>Very true</b>	<b>Sort of true</b>	<b>Not very true</b>	<b>Not true at all</b>
I am good at making friends.	50%	33%	13%	4%

<b>Self Efficacy (Module) Items</b>				
<b>Item</b>	<b>Very true</b>	<b>Sort of true</b>	<b>Not very true</b>	<b>Not true at all</b>
When I have a problem, I work to figure out a solution.	38%	46%	17%	0%
If I try my best, I can do most things.	42%	54%	4%	0%

<b>Empathy (Concern for Others) (Module) Items</b>				
<b>Item</b>	<b>Strongly Agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly Disagree</b>
I try to help when I see people in need.	48%	36%	16%	0%
When I make a decision, I try to think about how other people will be affected.	44%	36%	16%	4%
I want to help when I see someone having a problem.	56%	32%	8%	4%

**Work Experience (9th - 12th Grade Only) Items**

Item	No	Yes
Work Experience in the Past 12 Months	50%	50%
Paid full-time job/internship past 12 months	80%	20%
Paid part-time job/internship past 12 months	67%	33%
Unpaid internship past 12 months	47%	53%
Did the Club help you get into this work experience?	80%	20%
Obtained or Obtaining a Certification	79%	21%

Item	Enroll in a vocational school or career preparation program	Take a gap year to volunteer	I don't know	Go straight to work	Join the military	Enroll in an industry apprenticeship	Enroll in a 4-year college/university	Enroll in a 2-year community or technical college
Immediate Plans After High School	0%	3%	17%	17%	3%	0%	17%	41%



<b>Employability Skills Items</b>				
<b>Item</b>	<b>Very true</b>	<b>Sort of true</b>	<b>Not very true</b>	<b>Not true at all</b>
I feel like I have the skills needed to be successful in a job.	39%	46%	10%	5%
I can express my thoughts and ideas clearly.	43%	33%	18%	8%
I can work with people who are different than me.	68%	23%	10%	0%
I feel comfortable asking questions when I don't understand something.	38%	45%	7%	10%
I finish things on time.	27%	41%	17%	15%

**Demographic Filters: 13 to 15 Years Old, 16 Years and Older, 9th, 10th, 11th, 12th, 8th**