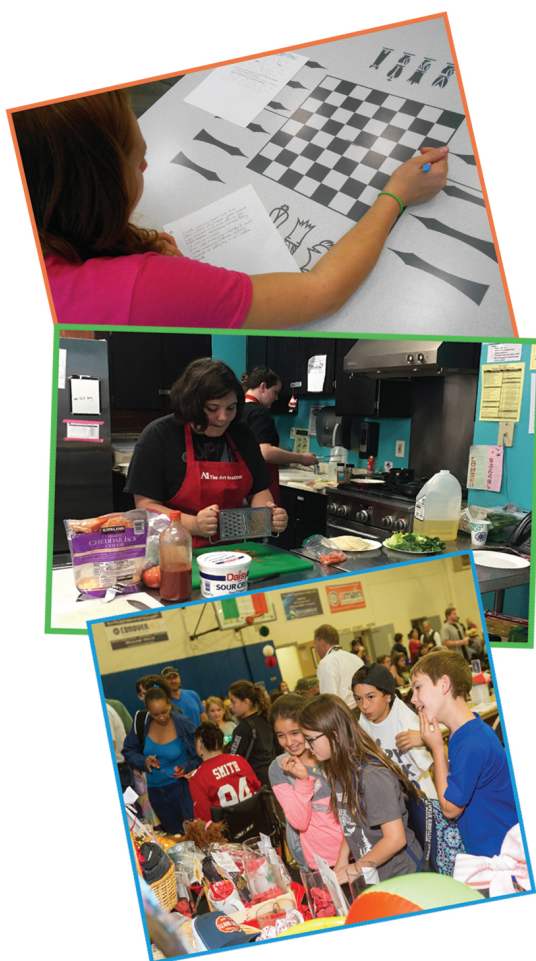


Winter 2017 Newsletter

The Positive Connection



BOYS & GIRLS CLUBS
OF THE NORTH VALLEY
Serving Butte & Glenn Counties
Local Kids • Great Futures



Peyton E., 2018 BGCNV Youth of the Year

"I used to have failing grades. Now I am a member of the Club. The staff have helped me and inspired me to do better in school. My GPA has risen from 1.0 to 4.0! My dream is to become a Junior Staff and that is what helps me stay motivated."

-Peyton E., BGCNV Youth of the Year

Volume 7, Issue 3



LEARNING DISGUISED AS GAMESHOWS

This past summer at our Oroville Teen Center (OTC), Club teens had the opportunity to experience firsthand what it would be like to compete and be a contestant on a hit television gameshow such as “Family Feud”, “Jeopardy” and “Let’s Make a Deal” through our Gameshow program.

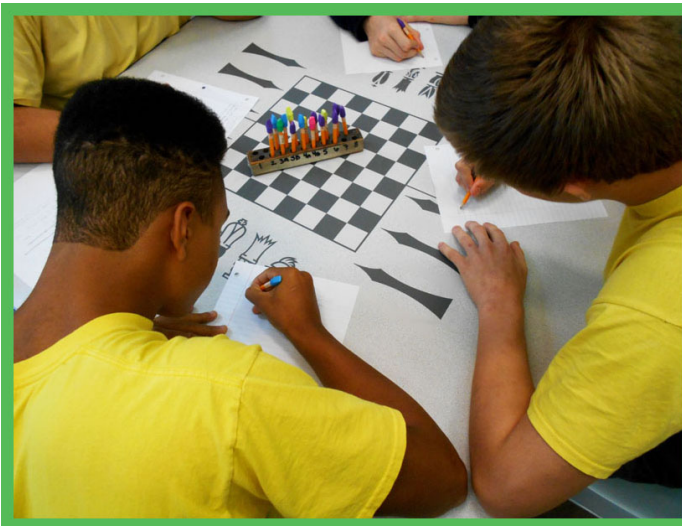
Led by our past Youth of the Year and current staff member Shane Thomas, OTC members competed in gameshow style activities designed to promote self-confidence, creativity, leadership and teamwork. These activities consisted of Club members putting themselves into teams to compete against one another answering a variety of questions, sweating it out when deciding which door had the best deal behind it (with a little help from their peers in the audience) and putting their world knowledge on display when they landed on Jeopardy’s Daily Double challenges.

At the end of the program our Club teens came away with an understanding of how working with others as a team can lead to greater success, how to develop skills for effective communication and staying positive with good sportsmanship.



TEENS TELL THEIR STORIES

Our Lyricism 101 program at the Juvenile Hall Club (JH) site has been one of the favorite programs for our JH members. Lyricism 101 is run at all our Teen Centers and engages members by sparking their creativity through research into different styles of writing and production. After they have researched and practiced these new styles, they have the opportunity to write their own raps and poems about their lives, giving them an outlet to express and further understand themselves. In addition to writing, members work together to produce a music video incorporating their own poems and raps. This program provides an opportunity for teens to tell their stories, build community and express themselves through art and writing.



SUPPORTING THE PASTA-BILITIES

With the support of our local community, sponsors and families, our 9th Annual Pasta on the Plaza presented by Rolling Hills Casino was a huge success! Attendees were able to enjoy a delicious family style spaghetti dinner with homemade sauce from Chris and Patty Bonacorsi while appreciating live entertainment by our Triple Threats program and the jazz duo of Holly Taylor and Eric Peters. The night on the Chico Rotary Plaza was filled with families, friends, kids activities, Italian themed decorations and opportunities to win wonderful prizes donated from our community. Because of all the support we received through this event we were able to reach our event fundraising goal, which will go directly towards ensuring that we can continue our services and programs right here in Chico. Thank you all for coming out to celebrate and support our Chico youth!

We rely on LOCAL support from our community members - visit u



HEALTHY COMPETITION

What do you get when you have a bag of potatoes and a group of Paradise Teen Center (PTC) members who each think they can create a better recipe than the other?

You get "Teen Throwdown," the PTC's version of the popular television series "Chopped."

In this competition, each teen is given 45 minutes to create their own recipe from the items provided (which must include the special selected ingredient) and once they have their recipe they begin prepping and cooking their food, within the time limit. As soon as the food is ready, the final stage is plating their dish, which will then be judged, scored and the winner announced. With ingredients such as the aforementioned potatoes, onions, macaroni and cheese, a variety of fruits, vegetables and spices, there is always a challenge waiting for our teens!

"This program is fun! It challenges me to think about food in different ways and has taught me how to live a healthier life through my food choices." –Haileigh, Age 15

Designed to incorporate active learning and life skills development, Teen Throwdown emphasizes healthy habits and good nutrition as building blocks to improve the everyday lives of our Club youth. Through these activities our teens learn to build the capacity to make informed decisions about their health and establish healthy attitudes. They also learn how to create meals on a budget using the food that they have access to in their kitchens, gaining knowledge and skills that will stay with them throughout their lives.

In all of our cooking programs we aim to get youth enthusiastic about healthy food and empowered to use their newfound skills to take charge of their health. We find that members go home energized to try the recipe again at home with their own family. Along with making choices about their nutrition, this program also aims to help teens with organizational skills, problem solving skills by utilizing what ingredients are available to them, learning how to clean up after themselves and discovering how to translate nutrition and health into their lives beyond the walls of the Boys & Girls Club.



SURVEY SAYS...

100%

of participating youth feel more prepared to have a job and to be successful in the workplace after participating in our CREW program.

95%

of participating youth feel they have learned skills for working in a team.

92%

of participating youth believe they can positively resolve conflicts.



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The mission of the BGCNV is to inspire and enable all youth to reach their full potential as productive, responsible and caring citizens.

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Inside:

YOUR GIFTS AT WORK

Learning Disguised as Gameshows

Teens Tell Their Stories

Healthy Competition

Pasta-bilities



SAVE THE DATE	FUNDRAISERS & EVENTS
November 15	Champions for Kids Luncheon <i>Honoring those who give local kids great futures</i>
November 16&17	Turkey Time ~ All Communities <i>Sponsored by: Anthem Blue Cross</i>
Dec - March	Kicks for Kids Campaign <i>Make happier soles for kids!</i>
February 10	19th Annual Valentine's Gala <i>Sponsorship and tickets available now!</i>
April 14	Paradise Cook-Off <i>Fundraiser to benefit the Boys & Girls Clubs on the Paradise Ridge</i>



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This Holiday Season Give the Gift of Changing Lives

As we approach another holiday season of generosity from our community, we would like to provide support to make your giving as impactful as possible for the youth we serve. During this time of the year community members like to give physical gifts such as bikes, electronics and various toys, which are nice to have, but quickly become obsolete with our families. What we have found to be most effective in changing the lives of our local youth, for a variety of reasons, are financial donations. These financial donations allow us to continue to run our programs and services which directly impact the youth we serve on a daily basis, far beyond the holiday season.

If you would like to help us give local kids great futures please visit us at bgcnv.org/donate and sign up for our monthly and annual giving program today!

- Governing Board President, Mark Barrett & Planned Giving Chair, Elliott Dutro